

Cowboy Up!!!

Count: 32

Wall : 4

Level : Beginner

Choreographer: Conrad Farnham, Copperhead Line Dancing - June 2016

Music: Cowboy Up by Jill Johnson [CD: The Woman I've Become]

ROCK, RECOVER, COASTER STEP, HEEL GRIND, $\frac{1}{4}$ TURN, COASTER STEP

1,2,3&4 Rock forward on right, recover on left, step back on right, bring left next to right, step right forward

5,6,7&8 Place left heel forward, $\frac{1}{4}$ turn toes to the left, step back on left, bring right next to left, step left forward

HIP BUMPS x 2 (Right then Left), OUT, OUT, IN, IN

1-4 Step right forward and bump hips to the right twice, step left forward and bump hips to the left twice

5-8 Step right forward and out, step left forward and out, bring right back to center, bring left back to center

RIGHT Chassé, BACK ROCK, LEFT Chassé, BACK ROCK

1&2,3,4 Step right to right side, step left next to right, step right to right side, rock back on left, recover on right

5&6,7,8 Step left to left side, step right next to left, step left to left side, rock back on right, recover on left

$\frac{1}{2}$ TURN LEFT HEAL SWITCHES X 8

1-4 Place right heel forward, replace with left forward, replace with right forward, replace with left forward

5-8 Place right heel forward, replace with left forward, replace with right forward, replace with left forward

Begin again

No Tags, No Restarts